

GMHS- SEPTEMBER 2021



Monday	Tuesday	Wednesday	Thursday	Friday
		1 WAFFLES WITH SYRUP, SAUSAGE & FRUIT	2 CHEESEBURGER WITH CHIPS & COLE SLAW	3 NO SCHOOL HAVE A GREAT EXTRA LONG WEEKEND
4 NO SCHOOL HAPPY LABOR DAY	7 CHICKEN CACCIATORE OVER PENNE WITH GARLIC BREAD & STEAMED VEGGIES	8 EGG PATTY W/BACON, HOMEFRIES AND FRUIT	9 CHICKEN STIR-FRY WITH PINEAPPLE & RICE	10 CHEESE PIZZA WITH FRUIT, STEAMED VEGGIES AND FRENCH FRIES
13 CHICKEN PARM ON A BUN WITH MIXED STEAMED VEGGIES & FRUIT	14 BALL PARK FRANK WITH BAKED BEANS & FRUIT	15 GRILLED CHICKEN SANDWICH WITH COLE SLAW AND FRUIT	16 HAPPY YOM KIPPUR HALF DAY COME JOIN US FOR BREAKFAST	17 CHEESE PIZZA WITH FRUIT AND MIXED VEGGIES
20 AMERICAN CHOP SUEY WITH VEGGIES AND GARLIC BREAD	21 BBQ CHICKEN ON A BUN WITH PICKLE, CHIPS & TOMATO	22 PENNE AND MEATBALLS WITH VEGGIE MEDLEY	23 CHICKEN NACHOS WITH LETTUCE, SALSA, CHEESE AND STEAMED VEGGIES	24 CHEESE PIZZA WITH TOMATO/ CUCUMBER SALAD & FRUIT
27 FRENCH TOAST STIX EGG PATTY FRUIT	28 SLOPPY JOE SANDWICH WITH COLE SLAW & CHIPS	29 HAM & CHEESE SUB LETTUCE, TOMATO AND TATER TOTS	30 GRILLED CHICKEN SANDWICH WITH FRIES AND COLE SLAW	



Welcome Back to School!



LUNCH PRICES
Currently Free
BREAKFAST PRICES
Currently free

ALWAYS AVAILABLE:
-BAGEL BOX
-PB&J BOX
-DAILY SALAD OFFERINGS

ALL MEALS SERVED MEET THE NUTRITIONAL GUIDELINES PUT OUT BY THE USDA AND SCHOOL NUTRITION ASSOCIATION

ALLERGEN NOTE

Please contact Food Service for assistance and/or accommodations if you have documentation of a food allergy

MEALS INCLUDE:
Choice of Milk

Menu subject to

Sean Riley FSD
978-352-5777
Ext. 105
rileys@georgetown.k12.ma.us